

202

Certificate

THIS CERTIFICATE ATTESTS THAT

Meghna Upadhyay

has successfully completed all the requirements prescribed by the Institute of Nutrition and Fitness Sciences towards the **INFS Nutrition and Fitness Expert Course** equivalent to 40 CPD hours , 4 CEU and 40 CECs

INFS proudly awards the credentials

CERTIFIED NUTRITION AND FITNESS CONSULTANT

DATE OF ISSUE: 03-08-2021 EXPIRATION DATE: 03-08-2024

Certificate Id: INFS60810103082116713

Founder & Director, I.N.F.S.

Program Director I.N.F.S

The certification demonstrates competency to provide nutrition and fitness counselling to individuals who are healthy or have medical clearance for exercise. Validity of the certificate can be verified on INFS website (www.infs.co.in) Registered Address: 403, Platinum Square, next to Hotel Hyatt, Opp.WNS, Above Shriniwas Restaurant, Viman Nagar, Pune – 411014