



Certificate OF COMPLETION

THIS CERTIFICATE ATTESTS THAT

Meghna Upadhyay

has successfully completed all the requirements prescribed by
the Institute of Nutrition and Fitness Sciences towards the
INFS Nutrition and Fitness Expert Course
equivalent to 40 CPD hours , 4 CEU and 40 CECs

INFS proudly awards the credentials

CERTIFIED NUTRITION AND FITNESS CONSULTANT

2021

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Founder & Director,
I.N.F.S.

Program Director
I.N.F.S.